

Case Study

Medstar Ambulance

	Injuries	Cost
Before IPS	42	\$138,086
After IPS	21	\$14,129
Savings	21	\$123,871

Patient Handling and Responder Fitness Injury Prevention Programs

Injury prevention programs must meet three criteria to be lasting and successful:

1. They must teach employees 'self-care' using a toolbox approach.
2. They must constantly reinforce awesome ergonomics.
3. Fitness must be a forethought, not an afterthought.

Medstar Needed a Safety System That Worked!

Medstar needed a proven system to meet the challenges their responders faced in the field every shift. They needed a partner who could deliver:

- ➔ Hands-on training modules
- ➔ Empowered leaders to run safety initiatives
- ➔ Patient handling training for all key scenarios
- ➔ Continuing education with online programs



What We Delivered

Results

\$123,871.00 in savings, and a 50% reduction in injuries!

System

A team based approach with ergonomics, coaching and staff fitness.

Strategy

A program of clear communication of new and emerging issues and real-time introduction of solutions to these problems.

Injury Prevention Systems

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