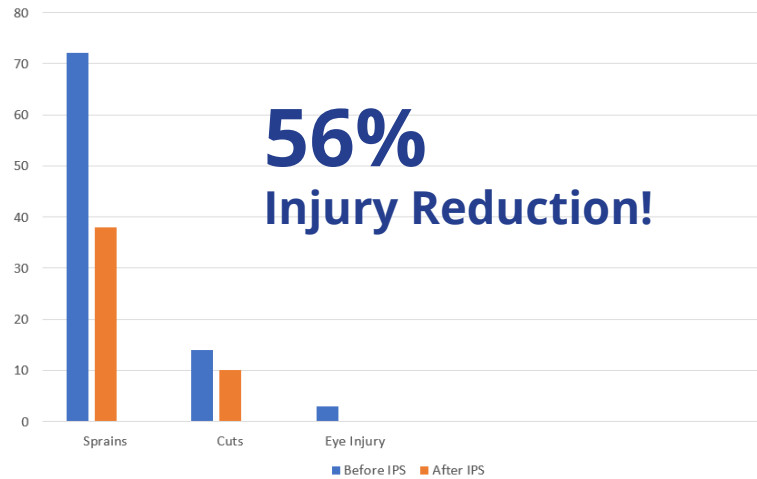


Case Study Ralph Lauren

Ralph Lauren OSHA Recordable Injuries Before and After



56%
Injury Reduction!

Industrial & Material Handling Soft Tissue Injury Prevention Programs

Injury prevention programs must meet three criteria to be lasting and successful:

1. They must teach employees 'self-care' using a toolbox approach.
2. They must constantly reinforce awesome ergonomics.
3. Fitness must be a forethought, not an afterthought.

Ralph Lauren Needed a System That Worked

Ralph Lauren needed real-world solutions to their real-world biomechanical challenges in material handling. They needed a partner who understood the real world and could deliver:

- ➔ Hands-on training modules
- ➔ Empowered leaders to run safety initiatives
- ➔ Quality product handling training for key positions
- ➔ Continuing education with online programs



What We Delivered

Results

56% Reduction In Soft-Tissue Injuries across North Carolina locations, reductions that were maintained over a three-year period.

Proven System

A team-based approach with ergonomics, coaching and staff fitness.

Strategy

A program of clear communication of new and emerging issues and real-time introduction of solutions to these problems.

Injury Prevention Systems

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